

**Lindsay's scottishathletics Masters Cross
Country Championships**

**Tollcross Park
Glasgow
Saturday 31st January 2026**

<u>Race</u>	<u>Start</u>	<u>Dist.</u>
Women (Over 40)	1300	6400m
Men M65 and Over		
Men (Over 40)	1345	8000m
Up to M60		

lindsays

**SCOTTISH
CROSSCOUNTRY
SEASON**



COMPETITION INFORMATION SHEET

Event: **scottishathletics National Masters Cross Country Championships**

Venue: Tollcross Park, Wellshot Rd, Glasgow, G32 7AX

Registration: Tollcross Park, Wellshot Rd, Glasgow, G32 7AX

Date: Saturday 31st January 2026

Race	Age Group	BORN DURING	Declarations		Distance
			Close	Race Starts	
Women (Over 40)	W40+	Age on Race Day	1230hrs	1300hrs	6000m
Men M65 and over	M65+				
Men (Over 40) Up to M60	M40+ -M65	Age on Race Day	1315hrs	1345hrs	8000m

Medal presentations and collection will be as soon as possible following the conclusion of each race.

Entries close: **5pm Thursday 15th January 26**

NO LATE ENTRIES

Email address: events@scottishathletics.org.uk

Important Notes

(1) The Women's Races and the Men's 65 and over races will be run together.

(2) Teams are Women 3 to score, Men 4 to score or 3 dependent on age

Team medals will be awarded for teams of 4 in the combined Men's Age Groups M40, M45

Team medals will be awarded for teams of 3 in the combined Men's Age Groups M50, M55, M60+

Team medals will be awarded for teams of 3 in the combined Women's Age Groups W40, W45

Team medals will be awarded for teams of 3 in the combined Women's Age Groups W50, W55, W60+

Additional Information for Masters teams can be found here -

<https://www.salxcrr.uk/Archive/index.html>

(3) Age category medals (1st, 2nd and 3rd) will be awarded in each age category regardless of number of athletes entered or competing.

(4) All athletes who compete in the championships MUST be current members of the scottishathletics Membership Scheme on the competition date and be eligible to compete in the Masters Championships. As per UKA Rule G2

(5) An entered athlete must not be substituted by a non-entered athlete at any time.

(6) See www.scottishathletics.org.uk for further information and course maps.

(7) By entering, all athletes agree that photographs and/or video footage may be taken and used for PR/Marketing purposes.

(8) Clubs entering athletes must ensure that entrants are medically fit to compete, have no medical issues or disability that would endanger themselves or others by taking part, and that athletes will not run if unfit to do so on the day.

	Masters XC Champs Tollcross, Glasgow 31/01/2026
Convenor	Sharon Taylor
Announcer (Presentations)	Andy Ronald
Announcer (Course)	Andy Ronald
Declarations (Chief)	Margaret Daly
Declarations	Isobel Martin
Declarations	Caroline Johnston
Officials Report	Sharon Taylor
Presentations (Chief)	Alex Jackson
Presentations	Mike Johnston
Presentations	Dave Cairns
Presentations	Sharon Taylor
Results (Chief)	Ted Finch
Results	Janice Hendry
Referee	Margaret Ann McLachlan
Assistant Referee	John Mackay
Starter (Chief)	David Hughes
Timekeeper (Chief)	Paul Collins
Time Recorder	Tracy Hendry
Time Recorder	Caroline Johnston - 1st race
Lap Judge / Scorer	Gary Woods
Line Judge (Chief)	Megan Wright
Place Caller (Chief)	Linden Nicholson
Place Caller	Jackie Stewart
Place Recorder	Elspeth Burton
Place Recorder	Ann Malcolm
Funnel / Finish Area Control	Peter Jennings
Funnel / Finish Area Control	Fiona Rennie
SA Staff	Ross Mackey
SA Staff	Angela Mudge
SA Staff	Alasdhair Love

Bib	Athlete	Team Name	Bib	Athlete	Team Name
52	Toni McIntosh V45	Ayr Seaforth AC	269	Jenny Ashcroft V40	Fife Athletic Club
69	Vicki Fraser-Hopewell V45	Bellahouston Harriers	270	Innes Bracegirdle V70	Fife Athletic Club
79	Jayne Macnamara V50	Bellahouston Harriers	271	Janet Dickson V50	Fife Athletic Club
80	Stephanie Rudd V50	Bellahouston Harriers	272	Margaret Martin V65	Fife Athletic Club
81	Marianne Wilson V45	Bellahouston Harriers	273	Josie Murray V40	Fife Athletic Club
82	Sarah McSharry V45	Bellahouston Road Runners	274	Hilary Ritchie V60	Fife Athletic Club
83	Claire Wharton V55	Bellahouston Road Runners	275	Jocelyn Scott V70	Fife Athletic Club
84	Nathalie Brohan V50	Cambuslang Harriers	276	Rhona Van Rensburg V50	Fife Athletic Club
85	Jennifer Campbell V50	Cambuslang Harriers	277	Christine Wilson V45	Fife Athletic Club
86	Lesley McArdle V40	Cambuslang Harriers	278	Tania Wilson V60	Fife Athletic Club
87	Jacqueline McLew V55	Cambuslang Harriers	279	Siobhan Evans V50	Forres Harriers
88	Emma Morris V40	Cambuslang Harriers	280	Kasia Klonowska V40	Forres Harriers
89	Kirsty O'Brien V40	Cambuslang Harriers	281	Susan McRitchie V50	Forres Harriers
90	Bernadette O'Neil V55	Cambuslang Harriers	282	Pamela Baillie V50	Gala Harriers Athletic Club
91	Julie Reid V40	Cambuslang Harriers	283	Katy Barden V45	Gala Harriers Athletic Club
92	Isobel Burnett V65	Carnegie Harriers	284	Lisa Dalgliesh V50	Gala Harriers Athletic Club
93	Karen Forsyth V40	Carnegie Harriers	285	Sara Green V40	Gala Harriers Athletic Club
94	Joy Gudgin V60	Carnegie Harriers	286	Amelia Hope-Jones V45	Gala Harriers Athletic Club
95	Lesley Reynolds V55	Carnegie Harriers	287	Kate Jenkins V50	Gala Harriers Athletic Club
96	Linda Cunningham V55	Central Athletic Club	288	Julia Johnstone V55	Gala Harriers Athletic Club
97	Frances Ferguson V60	Calderglen Harriers	289	Shelagh King V70	Gala Harriers Athletic Club
98	Alison Lessells V40	Calderglen Harriers	290	Gillian Lunn V50	Gala Harriers Athletic Club
99	Helen Fallas V40	Carnethy Hill Running Club	291	Eileen Maxwell V60	Gala Harriers Athletic Club
100	Carol Newman V40	Carnethy Hill Running Club	292	Lesley Bell V50	Garscube Harriers
101	Katarzyna Sadaj V45	Carnethy Hill Running Club	293	Gillian Blee V40	Garscube Harriers
126	Janet Grigor V55	Corstorphine AAC	294	Morag Casey V50	Garscube Harriers
128	Alison McNeilly V45	Dundee Roadrunners	295	Diane Clark V45	Garscube Harriers
133	Louise Menzies V45	Dundee Roadrunners	296	Amy Cromarty V40	Garscube Harriers
139	Jane O'Donnell V40	Dundee Roadrunners	297	Laura Gray V45	Garscube Harriers
141	Morag Taggart V65	Dundee Roadrunners	298	Gillian McGale V50	Garscube Harriers
153	Sandy McDougall V40	Dundee Hawkhill Harriers	299	Jill Aikman V50	Greenock Glenpark Harriers
154	Catriona Reynolds V55	Dundee Hawkhill Harriers	300	Hilary Carswell V55	Giffnock North Athletics Club
155	Shona Adam V55	Edinburgh Athletic Club	312	Carolyn Datta V45	Giffnock North Athletics Club
156	Karen Dobbie V55	Edinburgh Athletic Club	314	Nina Farmer V45	Giffnock North Athletics Club
162	Julia Drewer V45	Edinburgh Athletic Club	316	Yvonne McNairn V40	Giffnock North Athletics Club
173	Janet Dunbar V55	Edinburgh Athletic Club	317	Jill Smylie V45	Giffnock North Athletics Club
193	Anne Duncan V60	Edinburgh Athletic Club	327	Joanna Brown V40	Hunters Bog Trotters
196	Isobel Joiner V45	Edinburgh Athletic Club	365	Isobel Cairns V45	Hunters Bog Trotters
200	Martha Keith-Barnett V45	Edinburgh Athletic Club	369	Claire Gordon V45	Hunters Bog Trotters
201	Emma Laverie V45	Edinburgh Athletic Club	370	Morag McClelland V40	Hunters Bog Trotters
202	Hazel MacCormick V40	Edinburgh Athletic Club	371	Shona McIntosh V40	Hunters Bog Trotters
211	Sheenagh MacLulich V45	Edinburgh Athletic Club	372	Eilis McKechnie V45	Hunters Bog Trotters
220	Frances McNab V45	Edinburgh Athletic Club	373	Claire Ward V45	Hunters Bog Trotters
232	Marietta van der Linden V55	Edinburgh Athletic Club	374	Janet Fellowes V70	Helensburgh Amateur Athletic Club
233	Julie Wilson V55	Edinburgh Athletic Club	375	Helen Leigh V40	Inverness Harriers AAC
234	Kelly Baillie V45	East Kilbride Athletic Club	376	Jennie Jackson V65	Irvine Running Club
235	Laura Maria Hervas V45	East Kilbride Athletic Club	377	Rosalind Teasdale V45	Kilbarchan AAC
255	Vivien Thorpe V45	East Kilbride Athletic Club	378	Julia Wylie V55	Kilbarchan AAC
261	Tracey Yates V50	East Kilbride Athletic Club	379	Hannah Campbell V45	Kinross Road Runners
262	Monica Anderson V55	Falkirk Victoria Harriers	380	Caroline Jones V45	Kinross Road Runners
263	Fiona Matheson V60	Falkirk Victoria Harriers	381	Pauline McAdam V70	Kinross Road Runners
267	Karen McAllister V65	Falkirk Victoria Harriers	382	Christine Myerscough V65	Kinross Road Runners
268	Freya Ross V40	Falkirk Victoria Harriers	383	Fiona Oreilly V45	Kinross Road Runners

Bib	Athlete	Team Name	Bib	Athlete	Team Name
384	Shirley MacNab V60	Kirkintilloch Olympians	482	Kerri Hutchison V40	Wee County Harriers
385	Marina McCallum V50	Kirkintilloch Olympians	483	Elaine Mulligan V45	Wee County Harriers
386	Marie McChord V65	Kirkintilloch Olympians	484	Mandy Scott V60	West Edinburgh Running Club
387	Ros O'Sullivan V60	Kirkintilloch Olympians	485	Suzie Hannah-Bird V40	West End Road Runners
388	Ada Stewart V60	Kirkintilloch Olympians	486	Sarah Jones V40	West End Road Runners
389	Julie Hill V45	Larkhall YMCA Harriers	487	Ray Musleh V45	West End Road Runners
390	Alison Binns V55	Lasswade Athletic Club	488	Karen Patel V50	West End Road Runners
391	Claire Houston V40	Lasswade Athletic Club	489	Alison Campbell V45	Westerlands Cross Country Club
392	Carol Mantle V60	Lauderdale Limpers Running Club	490	Nicola Dawson V45	Westerlands Cross Country Club
393	Kathryn Holm V45	Linlithgow Athletic Club	491	Rachel Hunt V40	Westerlands Cross Country Club
394	Jennifer MacLean V50	Linlithgow Athletic Club	492	Wiebke Lammers V45	Westerlands Cross Country Club
395	Alison Malone V45	Linlithgow Athletic Club			
396	Christine Mulholland V50	Linlithgow Athletic Club			
397	Roisin Murray V40	Linlithgow Athletic Club			
398	Frances Wood V65	Linlithgow Athletic Club			
399	Liz Bondi V70	Lothian Running Club			
400	Caroline Fraser V50	Lothian Running Club			
419	Avril Pearson V50	Lothian Running Club			
438	Jayne Addie V45	Metro Aberdeen Running Club			
443	Ruth Crawford V50	Metro Aberdeen Running Club			
450	Sandra Weir V45	Metro Aberdeen Running Club			
452	Kat Brack V40	Musselburgh and District Athletic Club			
453	Julie Oswald V55	Musselburgh and District Athletic Club			
454	Hazel Dean V60	Ochil Hill Runners			
455	Julie Menzies V50	PH Racing Club			
456	Morna Fleming V70	Pitreavie AAC			
457	Susan Bothwell V65	Perth Road Runners			
458	Eileen Cooper V45	Perth Road Runners			
459	Gillian Edwards V40	Perth Road Runners			
460	Fiona Manson V55	Perth Road Runners			
461	Fabienne Thompson V60	Perth Road Runners			
462	Sarah McAdam V40	Portobello Running Club			
463	Tracy Philp V50	Portobello Running Club			
464	Deborah Warner V50	Portobello Running Club			
465	Susan Linklater V70	Shetland Amateur Athletics Club			
466	Jeanette Craig V75	Springburn Harriers			
467	Barbara Knox V60	Springburn Harriers			
468	Michelle Sandison V45	Springburn Harriers			
469	Alison Cunningham V60	Strathearn Harriers			
470	Jennifer Dallas V45	Strathearn Harriers			
471	Gill Dowse V45	Strathearn Harriers			
472	Margaret Gough V40	Strathearn Harriers			
473	Monica Thomson V45	Strathearn Harriers			
474	Donna Inglis V60	Teviotdale Harriers			
475	Morag Michie V45	Teviotdale Harriers			
476	Heather Fraser V40	Troon Tortoises Athletics Club			
477	Susie Hubbard V55	Troon Tortoises Athletics Club			
478	Caroline Millar V50	Troon Tortoises Athletics Club			
479	Anne Noble V65	Troon Tortoises Athletics Club			
480	Elaine Warr V60	Troon Tortoises Athletics Club			
481	Donna Finlayson V40	Victoria Park City of Glasgow AC			

Entry Lists M65 +

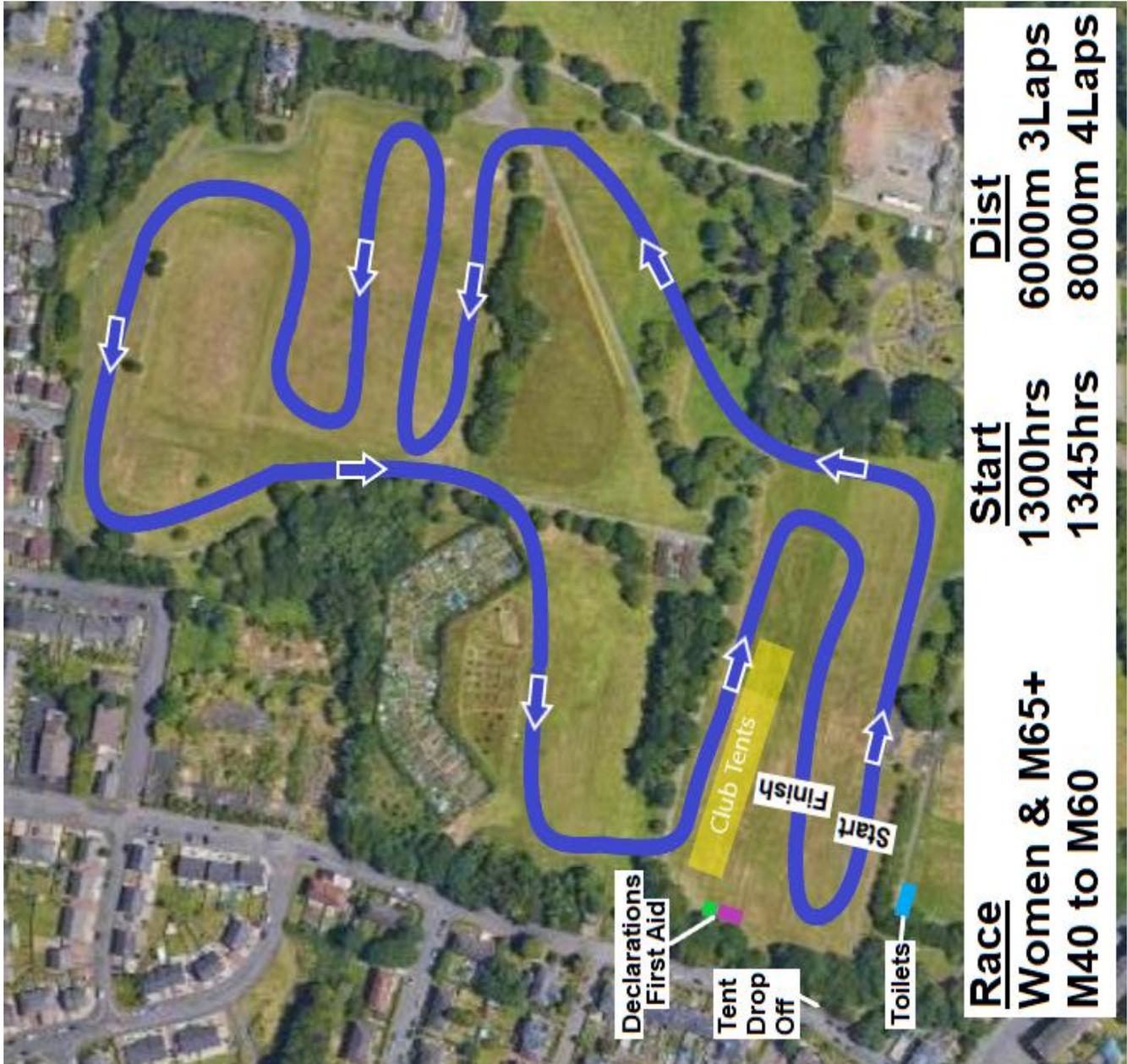
Bib	Athlete	Team Name	Bib	Athlete	Team Name
918	Kevin Smith V65	Bellahouston Harriers	956	Sandy Wallace V75	Haddington Running Club
919	Gareth Walker V65	Bellahouston Harriers	957	Ian Brown V65	Helensburgh Amateur Athletic Club
920	Alastair MacLachlan V65	Bellahouston Road Runners	958	Gordon King V65	Helensburgh Amateur Athletic Club
921	Andrew Ferguson Snr V65	Banchory Stonehaven Athletics Club	959	Alex Sutherland V75	Inverness Harriers AAC
922	Des Dickson V65	Cambuslang Harriers	960	Ian Gebbie V75	Kilmarnock Harrier & Athletic Club
923	Colin Donnelly V65	Cambuslang Harriers	961	John Myerscough V70	Kinross Road Runners
924	Sandy Eaglesham V70	Cambuslang Harriers	962	Scott Elliott V65	Kirkintilloch Olympians
925	Frank Hurley V70	Cambuslang Harriers	963	Cornel Neil V65	Kirkintilloch Olympians
926	Peter Ogden V75	Cambuslang Harriers	964	Colin Simpson V70	Kirkintilloch Olympians
927	Edward Stewart V65	Cambuslang Harriers	965	Brian Kirkwood V70	Lasswade Athletic Club
928	David Thom V65	Cambuslang Harriers	966	Robin Watson V65	Linlithgow Athletic Club
929	Paul Thompson V65	Cambuslang Harriers	967	James Treasurer V70	Lochaber Athletic Club
930	Hugh Buchanan V65	Central Athletic Club	968	George Gilhooley V65	Lothian Running Club
931	Charles Graham-Marr V65	Central Athletic Club	969	Phillip Jurczyk V80	Lothian Running Club
932	Kenny Leinster V65	Calderglen Harriers	970	Richard Holland V65	Metro Aberdeen Running Club
933	Peter Rudzinski V70	Clydesdale Harriers	971	Malcolm Hammond V75	PH Racing Club
934	Jan-Bert Van Den Berg V65	Corstonphine AAC	972	Jeff Farquhar V65	Pitreavie AAC
935	Guillermo Hernandez V75	Dundee Hawkhill Harriers	973	Alan Bothwell V65	Perth Road Runners
936	Brian Howie V75	Edinburgh Athletic Club	974	Mike Dales V65	Perth Road Runners
937	Alex MacEwen V70	Edinburgh Athletic Club	975	John Oates V65	Shettleston Harriers
938	David Steele V65	Edinburgh Athletic Club	976	Alastair Dunlop V70	Stornoway Running & Athletics Club
939	Eric Stevenson V75	Edinburgh Athletic Club	977	Andrew Gallagher V65	Strathearn Harriers
940	Gordon Colvin V65	East Kilbride Athletic Club	978	Timothy Hatton V65	Teviotdale Harriers
941	Robert Donachie V75	Falkirk Victoria Harriers	979	Nichol Maltman V70	Teviotdale Harriers
942	Bryce Aitken V65	Fife Athletic Club	980	Alastair Walker V65	Teviotdale Harriers
943	Alan Gibson V65	Fife Athletic Club	981	Keith Charlton V65	Unattached
944	Anthony Martin V70	Fife Athletic Club	982	Andrew Law V70	Victoria Park City of Glasgow AC
945	Hugh D. McKay V65	Fife Athletic Club	983	Alex Potter V65	Victoria Park City of Glasgow AC
946	Frankie Barton V70	Forres Harriers	984	John Mcfarlane V70	Wee County Harriers
947	Mike Howell V65	Forres Harriers	985	Graeme Orr V75	Westerlands Cross Country Club
948	David Weir V65	Forres Harriers	986	Don Reid V65	Westerlands Cross Country Club
949	Bob Johnson V65	Gala Harriers Athletic Club			
950	Ian Maxwell V65	Gala Harriers Athletic Club			
951	William McCulloch V65	Gala Harriers Athletic Club			
952	David Nightingale V70	Gala Harriers Athletic Club			
953	Alex Chisholm V70	Garscube Harriers			
954	David Dickson V65	Garscube Harriers			
955	James McAneny V65	Garscube Harriers			

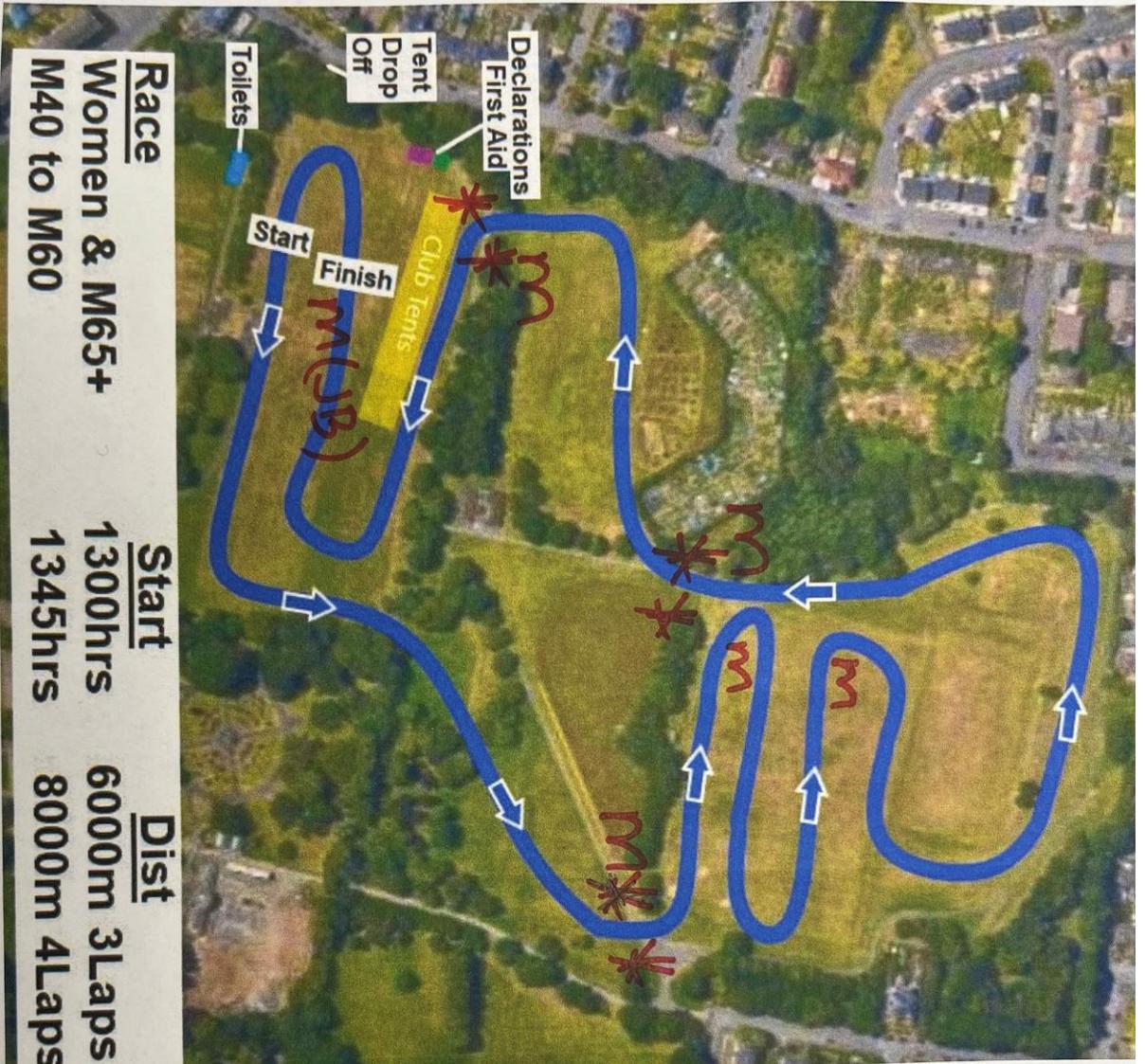
Bib	Athlete	Team Name	Bib	Athlete	Team Name
493	Grahame Hopper V40	Ayr Seaforth AC	710	Moray Anderson V45	Corstorphine AAC
494	Kenneth Neill V45	Ayr Seaforth AC	711	Steven Blair V60	Corstorphine AAC
495	Brent Brodie V50	Bellahouston Harriers	712	Mickey Breen V40	Corstorphine AAC
496	John Cunningham V55	Bellahouston Harriers	713	Alastair Brockie V45	Corstorphine AAC
497	Derek Gillespie V50	Bellahouston Harriers	714	Adam Chmielowski V50	Corstorphine AAC
498	Simon Parkinson V60	Bellahouston Harriers	715	Dermot Cummins V40	Corstorphine AAC
499	Kenneth Scott V50	Bellahouston Harriers	716	Malcolm Lang V45	Corstorphine AAC
500	Oscar Coetzee V40	Bellahouston Road Runners	717	Stuart Livingstone V40	Corstorphine AAC
506	Alan Digweed V45	Bellahouston Road Runners	718	Donald Macaulay V40	Corstorphine AAC
507	Alistair Macdonald V60	Bellahouston Road Runners	719	Iain Macleod V55	Corstorphine AAC
508	Paul McNair V40	Bellahouston Road Runners	720	Ross Milne V45	Corstorphine AAC
516	Alan Moss V40	Bellahouston Road Runners	721	Christopher O'Brien V45	Corstorphine AAC
522	Samuel Ramsay V45	Bellahouston Road Runners	722	David Pattison V45	Corstorphine AAC
542	Stephen Allen V55	Cambuslang Harriers	723	Chris Poxton V45	Corstorphine AAC
549	Arthur Calnan V45	Cambuslang Harriers	724	Jeremy Rogers V50	Corstorphine AAC
556	Justin Carter V50	Cambuslang Harriers	725	Martin Williams V55	Corstorphine AAC
557	Alan Cooney V45	Cambuslang Harriers	726	Sean Casey V55	Cumbernauld Amateur Athletics Club
586	Iain Crawford V55	Cambuslang Harriers	727	David Aitken V50	Dundee Roadrunners
676	Walter Henderson V55	Cambuslang Harriers	728	Duncan Edward V45	Dundee Roadrunners
677	Ian Hodge V40	Cambuslang Harriers	729	Dominic Hughes V40	Dundee Roadrunners
678	Mark King V55	Cambuslang Harriers	730	Kevin Norman V40	Dundee Roadrunners
679	Iain MacCorquodale V40	Cambuslang Harriers	731	Martin Rollo V60	Dundee Roadrunners
680	Daniel O'Connell V60	Cambuslang Harriers	732	Mark Walsh V50	Dumbarton Amateur Athletics Club
681	Jamie Reid V50	Cambuslang Harriers	733	Ciaran Collins V55	Dundee Hawkhill Harriers
682	Iain Reid V45	Cambuslang Harriers	734	Billy Gibson V50	Dundee Hawkhill Harriers
683	Colin Reilly V40	Cambuslang Harriers	735	Eddie Holmes V60	Dundee Hawkhill Harriers
684	Chris Upson V60	Cambuslang Harriers	736	Steve Bedwell V45	Edinburgh Athletic Club
685	Iain Wallace V55	Cambuslang Harriers	737	Dave Clements V55	Edinburgh Athletic Club
686	Barry Davie V50	Carnegie Harriers	738	Iain Craven V45	Edinburgh Athletic Club
687	Lee Holland V55	Carnegie Harriers	739	Christopher Creegan V60	Edinburgh Athletic Club
688	Gordon Appelbe V45	Central Athletic Club	740	Aaron Devereaux V50	Edinburgh Athletic Club
689	Alastair Cunningham V60	Central Athletic Club	741	Martin Ferguson V60	Edinburgh Athletic Club
690	David Eckersley V60	Central Athletic Club	742	Kevin Hamilton V40	Edinburgh Athletic Club
691	Will Hensman V45	Central Athletic Club	743	Tim Hely V50	Edinburgh Athletic Club
692	Ross Houston V45	Central Athletic Club	744	Jonathan Henderson V40	Edinburgh Athletic Club
693	Ewan Jack V50	Central Athletic Club	745	Andrew Latham V60	Edinburgh Athletic Club
694	Andrew Mawer V40	Central Athletic Club	746	John Lenehan V40	Edinburgh Athletic Club
695	Mario Rui Menier Povia V40	Central Athletic Club	747	Robbie McNab V40	Edinburgh Athletic Club
696	Donald Shaw V55	Central Athletic Club	748	Richard Meade V45	Edinburgh Athletic Club
697	Jens Subke V50	Central Athletic Club	749	Roy Mitchell V55	Edinburgh Athletic Club
698	Gerard Taylor V50	Central Athletic Club	750	Lewis Orr V55	Edinburgh Athletic Club
699	Andrew Buchanan V40	Calderglen Harriers	751	Daniel Rivera V55	Edinburgh Athletic Club
701	Russell Couper V60	Calderglen Harriers	752	Robert Simpson V40	Edinburgh Athletic Club
702	Alan Derrick V60	Calderglen Harriers	753	Mark Thornton-Smith V45	Edinburgh Athletic Club
703	Iain Maclean V60	Calderglen Harriers	754	Robert Turner V50	Edinburgh Athletic Club
704	Kevin McPhillips V50	Calderglen Harriers	755	Angus Wardlaw V45	Edinburgh Athletic Club
705	Robert Pattinson V55	Calderglen Harriers	756	Steven Waterston V50	Edinburgh Athletic Club
706	Chris Thomson V40	Calderglen Harriers	757	Iain Whitaker V40	Edinburgh Athletic Club
707	Andrew Fallas V45	Carnethy Hill Running Club			
708	Bruce McAdam V50	Carnethy Hill Running Club			
709	Eliot Sedman V45	Carnethy Hill Running Club			

Bib	Athlete	Team Name	Bib	Athlete	Team Name
758	Grant Baillie V45	East Kilbride Athletic Club	812	Alan Callan V45	Inverclyde Athletic Club
759	Keith Charters V60	East Kilbride Athletic Club	813	Chris Hunter V50	Inverclyde Athletic Club
760	Andrew Forteath V40	East Kilbride Athletic Club	814	Peter Tucker V40	Inverclyde Athletic Club
761	Graeme Haddow V60	East Kilbride Athletic Club	815	Norman Ferguson V40	Inverness Harriers AAC
762	Colin Hastie V40	East Kilbride Athletic Club	816	Stephen Jones V45	Kinross Road Runners
763	Gary Lyon V45	East Kilbride Athletic Club	817	Matt Newton V50	Kinross Road Runners
764	David Ross V40	East Kilbride Athletic Club	818	David Scott V45	Kinross Road Runners
765	Christopher Watters V50	East Kilbride Athletic Club	819	David Allsop V50	Kirkintilloch Olympians
766	Grant Matheson V60	Falkirk Victoria Harriers	820	Stephen Price V40	Larkhall YMCA Harriers
767	Gary McKenna V45	Falkirk Victoria Harriers	821	Innes Chalmers V50	Linlithgow Athletic Club
768	Michael McQuaid V60	Falkirk Victoria Harriers	822	Paul Dudchenko V55	Linlithgow Athletic Club
769	Stephen Dickson V50	Fife Athletic Club	823	Paul Hammond V45	Linlithgow Athletic Club
770	James Hall V45	Fife Athletic Club	824	Martin Hawksey V45	Linlithgow Athletic Club
771	Mike MacDonald V50	Fife Athletic Club	825	Ian Logan V45	Linlithgow Athletic Club
772	Ian Simmons V50	Fife Athletic Club	826	Iain Murray V40	Linlithgow Athletic Club
773	Simon Dobbs V60	Forres Harriers	827	John Redding V45	Linlithgow Athletic Club
774	Chris Gransden V60	Forres Harriers	828	Andrew Corrigan V60	Lothian Running Club
775	Gavin Hughes V45	Forres Harriers	829	Kevin Godfrey V60	Lothian Running Club
776	Robert Paterson V45	Forres Harriers	830	David Gray V60	Lothian Running Club
777	Grant Symon V45	Forres Harriers	831	Harry Mulholland V60	Lothian Running Club
778	James Ward V45	Forres Harriers	832	Colin Partridge V45	Lothian Running Club
779	Andrew Cox V40	Gala Harriers Athletic Club	833	John Robertson V60	Lothian Running Club
780	James Dennison V50	Gala Harriers Athletic Club	834	Craig Anderson V55	Metro Aberdeen Running Club
781	Craig Mattocks V50	Gala Harriers Athletic Club	835	Allan Christie V40	Metro Aberdeen Running Club
782	Jamie McGowan V50	Gala Harriers Athletic Club	836	Kenny Garden V40	Metro Aberdeen Running Club
783	Wayne McIntosh V50	Gala Harriers Athletic Club	837	Ludovic Krauss V40	Metro Aberdeen Running Club
784	Leahn Parry V50	Gala Harriers Athletic Club	838	David Langan V45	Metro Aberdeen Running Club
785	Craig Brown V50	Garscube Harriers	839	Matthew Maciocia V40	Metro Aberdeen Running Club
786	Finlay Finlay V45	Garscube Harriers	840	David Marshall V40	Metro Aberdeen Running Club
787	Steven Johnstone V40	Garscube Harriers	841	Colin Munday V50	Metro Aberdeen Running Club
788	Mykola Kulakov V40	Garscube Harriers	842	Richard Roulson V60	Metro Aberdeen Running Club
789	Grant MacDonald V45	Garscube Harriers	843	Dino Roussias V50	Metro Aberdeen Running Club
790	Matthew MacDonald V45	Garscube Harriers	844	Jim Tole V50	Metro Aberdeen Running Club
791	James MacLeod V45	Garscube Harriers	845	Mark Wilkins V45	Metro Aberdeen Running Club
792	Anthony McGale V55	Garscube Harriers	846	Grant Fawcett V55	Motherwell Athletics Club
793	Nicky Parker V55	Garscube Harriers	847	Shane Semple V45	Motherwell Athletics Club
794	Steven Campbell V50	Greenock Glenpark Harriers	848	Andrew Duncan V55	Musselburgh and District Athletic Club
795	Stephen Harrison V50	Greenock Glenpark Harriers	849	Mark Keast V50	Musselburgh and District Athletic Club
796	Neil Lafferty V45	Greenock Glenpark Harriers	850	Mike Malcolm-Smith V55	Musselburgh and District Athletic Club
797	Colin McKnight V45	Greenock Glenpark Harriers	851	Ronald Mason V40	Musselburgh and District Athletic Club
798	Michael Mcloone V60	Greenock Glenpark Harriers	852	James Mayers V60	Musselburgh and District Athletic Club
799	Andrew Campbell V50	Giffnock North Athletics Club	853	Graeme Nicholson V50	Musselburgh and District Athletic Club
800	Allistair Gray V40	Giffnock North Athletics Club	854	Paul Slifer V55	Musselburgh and District Athletic Club
801	Ruairidh MacLean V40	Giffnock North Athletics Club	855	Charles Stable V55	Musselburgh and District Athletic Club
802	Andre Antunes V45	Hunters Bog Trotters	856	Alastair Drummond V45	Newton Road Runners
803	Stevie Cairns V55	Hunters Bog Trotters	857	Duncan Ball V60	Penicuik Harriers
804	Graeme Kafka V40	Hunters Bog Trotters	858	Des Crowe V60	Penicuik Harriers
805	Andrew McKeachie V45	Hunters Bog Trotters	859	Adam Gray V40	Penicuik Harriers
806	Stuart Mounce V40	Hunters Bog Trotters	860	Allan Jamieson V60	Penicuik Harriers
807	Rupert Nash V40	Hunters Bog Trotters	861	Roger Clark V55	PH Racing Club
808	Ivor Normand V60	Hunters Bog Trotters	862	Andrew Davis V50	PH Racing Club
809	Dave Ward V45	Hunters Bog Trotters	863	Benjamin Hukins V45	PH Racing Club
810	Ray Ward V50	Hunters Bog Trotters	864	Neil McLure V55	PH Racing Club
811	David Wright V45	Hunters Bog Trotters	865	Michael Stewart V60	PH Racing Club

Bib	Athlete	Team Name	Bib	Athlete	Team Name
866	Ken Cook V50	Pitreavie AAC	899	Andrew Gibson V40	Teviotdale Harriers
867	Ewan Heeles V40	Pitreavie AAC	900	Alan Inglis V55	Teviotdale Harriers
868	Adam Reed V40	Pitreavie AAC	901	Paul Lockie V55	Teviotdale Harriers
869	Simon Rice V45	Pitreavie AAC	902	Greg Walker V40	Teviotdale Harriers
870	Douglas Allan V45	Perth Road Runners	903	John McCabe V60	Troon Tortoises Athletics Club
871	Mark Crawford V55	Perth Road Runners	904	Matt Pearce V50	Troon Tortoises Athletics Club
872	Craig Dalrymple V40	Perth Road Runners	905	David Eveleigh V40	Wee County Harriers
873	David Knight V55	Perth Road Runners	906	Ian Gathergood V55	Wee County Harriers
874	Kevin Riddell V40	Perth Road Runners	907	Barry Ure V45	Wee County Harriers
875	Duncan Ryan V55	Perth Road Runners	908	Allen Campbell V50	West End Road Runners
876	Mark Fry V60	Portobello Running Club	909	Jack Matthews V45	West End Road Runners
877	Sandy MacDonald V50	Portobello Running Club	910	Greg McAlister V45	West End Road Runners
878	David Myers V45	Portobello Running Club	911	Philip Robinson V40	West End Road Runners
879	Malcolm Parry V50	Portobello Running Club	912	Brian Bonnyman V50	Westerlands Cross Country Club
880	David Worrall V45	Portobello Running Club	913	Stephen Forcer V45	Westerlands Cross Country Club
881	Thomas Mortimer V40	Scottish Fire and Rescue AC	914	Scott Henderson V45	Westerlands Cross Country Club
882	Peter Avent V40	Shettleston Harriers	915	Felton Humble V45	Westerlands Cross Country Club
883	Iain Burns V45	Shettleston Harriers	916	Daniel Price V40	Westerlands Cross Country Club
884	John Craig V40	Shettleston Harriers	917	DAVID RIACH V55	Westerlands Cross Country Club
885	John J Duffy V60	Shettleston Harriers			
886	Joseph Haughey V45	Shettleston Harriers			
887	Andrew Kirkhope V60	Shettleston Harriers			
888	Andrew Little V60	Shettleston Harriers			
889	David Murphy V50	Shettleston Harriers			
890	Michael Paxton V40	Shettleston Harriers			
891	Paul Sorrie V45	Shettleston Harriers			
892	Ronald Strachan V40	Shettleston Harriers			
893	Denis Williams V60	Shettleston Harriers			
894	Joe Chambers V40	Springburn Harriers			
895	Nathan O'Neill V50	Springburn Harriers			
896	Nick Gough V40	Strathearn Harriers			
897	Mike Thomson V55	Strathearn Harriers			
898	Graeme Warren V40	Strathearn Harriers			

Lindsays scottishathletics National Masters Cross Country Championships
Course Map





m - denotes
 Marshall
 at important
 cross over sections
 I will look after
 the lap counter
 stuff.
 On the day we
 will have other
 marshalls scattered
 about but these
 are the main points

